

REFERRAL RESOURCE GUIDE

Comal County Resources

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

Mental Health Crisis Number

1-877-466-0660 www.hillcountry.org

Crisis Text Line

Text "Go" to 741-741

National Suicide Prevention Lifeline

1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish) www.suicidepreventionlifeline.org

Texas Abuse, Neglect, and Exploitation Hotline

1-800-252-5400 www.txabusehotline.org

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)
www.childhelp.org

National Sexual Assault Hotline (RAINN (Rape, Abuse & Incest National Network))

1-800-656-HOPE (4673)
www.rainn.org

National Domestic Violence Hotline

1-800-799-SAFE (7233)
1-800-787-3224 (hearing impaired line)
www.thehotline.org

Texas Abuse, Neglect, and Exploitation Hotline

1-800-252-5400
www.txabusehotline.org

Texas Council on Family Violence

800-799-SAFE (800-799-7233)
www.tcfv.org

Crisis Center of Comal County

830-620-4357 or 800-434-8013
www.ccccnbtx.org

TREATMENT RESOURCES

a. Substance Abuse Treatment

Texas Substance Abuse Hotline

1-877-9-NO DRUG (1-877-966-3784)
www.DrugFreeTexas.org
www.dshs.state.tx.us/mhsa-sa-help

Basin Detox Systems, Inc.

1-800-317-7818
www.basindetox.com

La Hacienda Treatment Center

1-800-749-6160
www.lahacienda.com

Starlite Recovery Center

1-800-292-0148
<http://starlite.crchealth.com/>

Hill Country MHDD Centers COPSD

830-258-5421
www.hillcountry.org

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (Click on "Find a Provider")

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211 www.211texas.org



b. Mental Health Treatment

Hill Country MHDD Centers Comal County MH Center

830-620-6221 or **888-315-3277**
358 Landa St., New Braunfels, TX 78130
www.hillcountry.org

Oakwood Counseling Center

830-627-7006
www.oakwoodnb.com/commit/counseling-center

River City Advocacy

830-643-0200
www.rivercityadvocacy.net

Connections Individual and Family Services

830-629-6571 or **800-532-8192**
www.connectionsnonprofit.org

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) www.samhsa.gov/find-help/national-helpline

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. **1-800-950-NAMI (6264)** www.nami.org/template.cfm?section=Helpline

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

Texas Suicide Prevention provides information, training, and additional resources. www.texasuicideprevention.org

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - **Dial 211** www.211texas.org

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-RUNAWAY (1-800-786-2929)
www.1800runaway.org

Texas Runaway Hotline

1-888-580-HELP (4357)
www.TexasRunaway.org

Texas Abuse, Neglect, and Exploitation Hotline

1-800-252-5400
www.txabusehotline.org

Texas Child Protective Services

http://www.dfps.state.tx.us/child_protection/

Crisis Center of Comal County

830-620-4357 or **800-434-8013**
www.ccccnbt.org

b. Children and Youth Mental Health Services

Texas Youth Hotline

1-800-210-2278
www.TexasYouth.org

Hill Country MHDD Centers Comal County MH Center

830-620-6221 or **888-315-3277**
358 Landa St., New Braunfels, TX 78130
www.hillcountry.org

Connections Individual and Family Services

830-629-6571 or **800-532-8192**
www.connectionsnonprofit.org



c. Family Resources

National Parent Helpline

1-855-4A-PARENT (1-855-427-2736)

www.nationalparenthelpline.org

Texas Youth (and Parents) Hotline

1-800-210-2278

www.TexasYouth.org

Texas Runaway Hotline

1-888-580-HELP (4357)

www.TexasRunaway.org

Help for Parents Hope for Kids

www.helpandhope.org

New Braunfels Homespun Early Childhood Intervention (ECI)

830-625-1510

www.hillcountry.org

Connections Individual and Family Services

830-629-6571 or 800-532-8192

www.connectionsnonprofit.org

Precious Minds, New Connections

830-606-9500

<http://www.mckenna.org/Parenting/Information/Classes.aspx>

Communities in Schools South Central Texas

830-620-4247

www.cis-sct.org

RESOURCES FOR SPECIAL POPULATIONS

a. Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

River City Advocacy

830-643-0200

www.rivercityadvocacy.net

b. Military Veterans and their Families

Veterans Crisis Line

1-800-273-8255

www.veteranscrisisline.net

DoD Safe Helpline (sexual assault support)

1-877-995-5247

www.safehelpline.org

South Texas Veterans Health Care System

1-866-487-1653

www.southtexas.va.gov

Hill Country MHDDC Veterans' Services East (San Marcos)

512-392-7155

www.hillcountry.org

Texas Veterans Commission

830-792-2553

www.tvc.state.tx.us

Comal County Veterans Service Officer

830-221-1170

www.co.comal.tx.us/VET.htm

Give an Hour

www.giveanhour.org

Military Veterans Peer Network

830-792-7503 X 2089

www.milvetpeer.net

c. Developmental Disabilities Support Resources

Comal County IDD Center

830-625-7394 or 830-625-7359

www.hillcountry.org

New Braunfels Homespun Early Childhood Intervention (ECI)

830-625-1510

www.hillcountry.org



SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

Al-Anon Family Groups

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

Hill Country Intergroup of Alcoholics Anonymous is a resource for finding a meeting in Comal County. **830-625-0057 or 512-444-0071** www.austinaa.org

Hill Country Area Narcotics Anonymous provides meeting resources for Comal County. **1-855-TO-HCANA (1-855-864-2262)** www.hcana.org

Greater San Antonio Al-Anon Alateen Information Service provides meeting resources for Comal County. **210-829-1392 or 1-888-829-1312** www.texas-al-anon.org/sanantonio/

OTHER RESOURCES

211 Texas provides free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - **Dial 211** www.211texas.org

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. **1-888-995-HOPE (4673)**

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Disaster Distress Helpline is staffed by trained counselors from a network of crisis call centers located across the United States, all of whom provide crisis counseling, information on how to recognize stress and its affects, tips for healthy coping, and referrals to local crisis call centers. **1-800-985-5990** www.disasterdistress.samhsa.gov

Texas Poison Control Center Network - If you think someone has been poisoned, call us at **1-800-222-1222** right away. Do not wait for the victim to look or feel sick. Do not try to treat the person yourself. www.poisoncontrol.org

Your Texas Benefits is where someone can apply for food, medical, and cash benefits. www.YourTexasBenefits.com

The **Texas Workforce Commission** provides job readiness training and job search programs, and assistance with childcare vouchers. **1-800-822-7526** www.twc.state.tx.us

Relay Texas provides telephone access for people with speech or hearing loss who find it challenging or impossible to use a traditional telephone. **711** www.relaytexas.org

