

REFERRAL RESOURCE GUIDE

Hays County Resources

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

Mental Health Crisis Number

1-877-466-0660 www.hillcountry.org

Crisis Text Line

Text "Go" to 741-741

National Suicide Prevention Lifeline

1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish) www.suicidepreventionlifeline.org

Texas Abuse, Neglect, and Exploitation Hotline

1-800-252-5400 www.txabusehotline.org

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)
www.childhelp.org

National Domestic Violence Hotline

1-800-799-SAFE (7233)
1-800-787-3224 (hearing impaired line)
www.thehotline.org

Texas Council on Family Violence

800-799-SAFE (800-799-7233)
www.tcfv.org

National Sexual Assault Hotline (RAINN (Rape, Abuse & Incest National Network))

1-800-656-HOPE (4673)
www.rainn.org

Texas Abuse, Neglect, and Exploitation Hotline

1-800-252-5400
www.txabusehotline.org

TREATMENT RESOURCES

a. Substance Abuse Treatment

Texas Substance Abuse Hotline

1-877-9-NO DRUG (1-877-966-3784)
www.DrugFreeTexas.org
www.dshs.state.tx.us/mhsa-sa-help

La Hacienda Treatment Center

1-800-749-6160
www.lahacienda.com

Hill Country MHDD Centers
COPSD

830-258-5421
www.hillcountry.org

Basin Detox Systems, Inc.

1-800-317-7818
www.basindetox.com

Starlite Recovery Center

1-800-292-0148
<http://starlite.crchealth.com/>

Hays-Caldwell Council on Alcohol and Drug Abuse

512-396-7695 or 800-733-1214
www.hayscaldwellcouncil.org

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (Click on "Find a Provider")

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211 www.211texas.org



b. Mental Health Treatment

Hill Country MHDD Centers Scheib MH Center

512-392-7151 or 888-648-3947
1200 N. Bishop, San Marcos, TX 78666
www.hillcountry.org

Hill Country MHDD Centers Kyle MH Clinic (Monday & Tuesday)

512-392-8953 or 844-327-1274
181 Kirkham Circle, Kyle, TX 78640
www.hillcountry.org

Hill Country MHDD Centers Wimberley MH Clinic (Wednesday)

512-392-8953 or 844-327-1274
501 Old Kyle Rd., Wimberley, TX 78676
www.hillcountry.org

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) www.samhsa.gov/find-help/national-helpline

National Alliance on Mental Illness (NAMI) Information Helpline provides information and referral services. **1-800-950-NAMI (6264)** www.nami.org/template.cfm?section=Helpline

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

Texas Suicide Prevention provides information, training, and additional resources.
www.texassuicideprevention.org

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - **Dial 211** www.211texas.org

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-RUNAWAY (1-800-786-2929)
www.1800runaway.org

Texas Runaway Hotline

1-888-580-HELP (4357)
www.TexasRunaway.org

Texas Abuse, Neglect, and Exploitation Hotline

1-800-252-5400
www.txabusehotline.org

Texas Child Protective Services

http://www.dfps.state.tx.us/child_protection/

b. Children and Youth Mental Health Services

Texas Youth Hotline

1-800-210-2278
www.TexasYouth.org

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1200 N. Bishop, San Marcos, TX 78666
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501 Old Kyle Rd., Wimberley, TX 78676
www.hillcountry.org

Greater San Marcos Youth Council

512-754-0500
www.gsmyc.org



c. Family Resources

National Parent Helpline

1-855-4A-PARENT (1-855-427-2736)
www.nationalparenthelpline.org

Texas Runaway Hotline

1-888-580-HELP (4357)
www.TexasRunaway.org

San Marcos Homespun Early Childhood Intervention (ECI)

512-558-2024 or 888-827-7063
www.hillcountry.org

Texas Youth (and Parents) Hotline

1-800-210-2278
www.TexasYouth.org

Help for Parents Hope for Kids

www.helpandhope.org

Greater San Marcos Youth Council

512-754-0500
www.gsmyc.org

RESOURCES FOR SPECIAL POPULATIONS

a. Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564
www.glnh.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)
www.glnh.org/talkline

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)
www.theTrevorProject.org

PFLAG

www.facebook.com/PFLAGSanMarcos

b. Military Veterans and their Families

Veterans Crisis Line

1-800-273-8255
www.veteranscrisisline.net

South Texas Veterans Health Care System

1-866-487-1653
www.southtexas.va.gov

Military Veterans Peer Network

830-792-7503 X 2089
www.milvetpeer.net

Give an Hour

www.giveanhour.org

DoD Safe Helpline (sexual assault support)

1-877-995-5247
www.safehelpline.org

Hill Country Veterans' Services East

512-392-7155
www.tvc.state.tx.us

Hays County Veterans Service Officer

512-392-7718
www.co.hays.tx.us

Texas Veterans Commission

830-792-2553
www.tvc.state.tx.us

c. Developmental Disabilities Support Resources

Hays County IDD Center

512-558-2004 or 512-392-7104
www.hillcountry.org

San Marcos Homespun Early Childhood Intervention (ECI)

888-827-7063 or 512-558-2024
www.hillcountry.org

Kyle Homespun Early Childhood Intervention (ECI)

512-268-1876
www.hillcountry.org



SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

Al-Anon Family Groups

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

Hill Country Intergroup of Alcoholics Anonymous is a resource for finding a meeting in Hays County. **512-444-0071** www.austinaa.org

Central Texas Area Narcotics Anonymous provides meeting resources for Hays County. **512-480-0004 or 866-792-8262** www.ctana.org

Austin Al-Anon Alateen Information Service provides meeting resources for Hays County. **512-441-8591 or 888-287-2115** <http://www.austinal-anon.org/>

OTHER RESOURCES

211 Texas provides free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - **Dial 211** www.211texas.org

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. **1-888-995-HOPE (4673)**

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Disaster Distress Helpline is staffed by trained counselors from a network of crisis call centers located across the United States, all of whom provide crisis counseling, information on how to recognize stress and its affects, tips for healthy coping, and referrals to local crisis call centers. **1-800-985-5990** www.disasterdistress.samhsa.gov

Texas Poison Control Center Network - If you think someone has been poisoned, call us at **1-800-222-1222** right away. Do not wait for the victim to look or feel sick. Do not try to treat the person yourself. www.poisoncontrol.org

Your Texas Benefits is where someone can apply for food, medical, and cash benefits. www.YourTexasBenefits.com

The **Texas Workforce Commission** provides job readiness training and job search programs, and assistance with childcare vouchers. **1-800-822-7526** www.twc.state.tx.us

Relay Texas provides telephone access for people with speech or hearing loss who find it challenging or impossible to use a traditional telephone. **711** www.relaytexas.org

